

2020 ORTA 20 MARATHONS IN 20 DAYS or 20 50-km ULTRAMARATHONS IN 20 DAYS.  
LAKE ORTA, ITALY, 1-20 AUGUST 2020

To celebrate year 2020, the traditional series of 10 marathons in 10 days on Lake Orta has doubled. Runners will have the unique opportunity of facing the challenge of running 20 races in 20 consecutive days. You may opt for one of the following distances: 50 km, 42, 192 (marathon), 21,097 (half) or 10 km.

Time limit 9 hours for all the distances.

The venue is the enchanting Lake Orta in Piedmont, Italy. The series starts on Sat 1<sup>st</sup> August and ends on Thur. 20<sup>th</sup>, 2020.

The traditional 10 in 10 series is also available: start any day you like from 1<sup>st</sup> to 11<sup>th</sup> August and run the distance of your choice for 10 consecutive days.

You may also register for one or more single races, on the dates of your choice.

To register online: .....

If you are a member of a team affiliated to IAAF, no medical certification is needed.

For more info, contact Mr Paolo Gino, President of Italy's Super Marathon Club.  
[presidente@clubsupermarathon.it](mailto:presidente@clubsupermarathon.it) +39 340 4525911

START AND FINISH FROM LIDO DI GOZZANO, ITALY Start at 8:00. preceded by a briefing.  
Entry Fees: see the FRONT PAGE.

The fee includes: health insurance, timing and rankings, medical assistance, ambulance, warm showers at Lido di Gozzano, a medal for each marathon (the medal is composable – see picture, double for a 20in20 with frame), a little trophy for the finishers of all the Race Series.. No complimentary kit is included. FOR COMPOSABLE MEDAL AND TROPHY NEED REGISTRATION AND PAYMENT 45 DAYS IN ADVANCE, BEFORE 15 JUNE 2020.

ALL THE RACES WILL BE SELF-SUFFICIENT. THERE ARE PUBLIC WATER STATIONS EVERY 2 KM. NO FOOD STATIONS OR PASTA PARTY. Car parking for runners is one km from startline. No shuttle.

Time Keeping and Rankings by Dream Runners.

Rankings will be issued daily for each race. There will be separate rankings for the 10 in 10 and 20 in 20 series.

Important notice for those registered in the 10 in 10 races.

If you start running one type of race and after one or more days you decide to run a longer distance, you will appear in the final 10 in 10 rankings of the shorter race you initially entered, considering your passages at that shorter distance for the longer races.

On the contrary, if you have registered for a longer distance and, after one or more races, you wish to switch to a shorter one, your passages at the shorter distance will be taken into account in the final rankings

Accommodation: ALBERGO VALSESIANA: Corso XXV Aprile 37, 28024 Gozzano (NO). Tel. +39-0322-94394, Fax +39032294228. Speak with the owner, Mr Franco, cell. 338-3546521.

Prices (including breakfast): Single €35. Double €50. Triple €75. You can pay 5€ less each person a day, if you stay 10 days. The hotel is located 500 mt. from the railway station in Gozzano town centre, about 3 km from the start. [www.albergovalsesiana.it](http://www.albergovalsesiana.it)

HOTEL NUOVA ITALIA: Via Beltrami 19, 28024 Gozzano (NO). Tel. +39-0322-93774, Fax +39-0322-953154.

Prices (including breakfast): Single €45. Double €65 Triple €90. The hotel is located 1 km from the railway station in Gozzano city centre, about 2,5 km from the start

[www.hotelnuovaitalia.it](http://www.hotelnuovaitalia.it) RISTORANTE PIZZERIA SEMPIONE: Via Dante 16, 28024 Gozzano (NO). Tel. e Fax: +39-0322-94375. First and second course and pizza menu €15. In Gozzano town centre, 500 mt from the station and 3 km from the start. [www.pizzeriasempione.it](http://www.pizzeriasempione.it)

RISTORANTE LIDO GOZZANO: Via alla Colonia, 28024 Lido di Gozzano (NO) Tel. 0322 913350 <http://lidodigozzano.it/> Located in Lido di Gozzano, next to the start. CAMPING:

Parking area with 15 places for campers at km 6 from the start of the Marathon, on the Orta Lake, at the outskirts of the town. With hygienic services, payment required. There is also a slide for boats and a small sandy beach. At km 8 you can find Campeggio Castellania

Del Lago D'Orta Via M. Buonarroti, 10, 28010 Pella. Telefono:0322 969298 It is possible to park the camper near the Start Line in Via della Colonia, 28024 Gozzano (NO).

There will be facilities to give a free place to sleep for those who run the whole series of ten marathons. There are just 30 sites in a sporting hall. Cots are not provided. Advance reservation required.

ADDRESS OF THE START LINE: Via della Colonia, 28024 Gozzano (NO). HOW TO GET THERE. By car: from Milan follow Motorway A8, then take the A26 to Alessandria, then continue in the direction of Gravellona Toce. Take the exit for Arona. Turn in the direction of Borgomanero, at the third roundabout follow the indications for Gozzano, Lago d'Orta.

By train: from Novara take the Novara-Domodossola line and get off at Gozzano railway station, which is 3,5 km far from the start (no taxi service). By plane: The nearest airport is Milan Malpensa, about 40 km south of the Orta Lake. Here you can rent a car to reach

Gozzano. There is NO DIRECT BUS SERVICE. No shuttle. Possible Taxi connection by 60 € tel.+39 349 4187291, info@ncccarservice.it Full details as well as the new regulations are available on [www.orta10in10.it](http://www.orta10in10.it) . For any further see [www.orta10in10.com](http://www.orta10in10.com) or write to [presidente@clubsupermarathon.it](mailto:presidente@clubsupermarathon.it) (Object: 10in10).  
Looking forward to meeting you on the Orta Lake!

***"Run when you can, walk if you have to, crawl if you must.  
Just never give up."***